

ALLERGY – ANAPHYLAXIS ALERT !

Class: _____ Room # _____

Mother: _____ Phone: _____

Father: _____ Phone: _____

Print child's name
above picture

Past picture here

This child has a DANGEROUS life-threatening allergy to:

- ◆
- ◆
- ◆
- ◆

The key to preventing an anaphylactic emergency is **ABSOLUTE AVOIDANCE** of the allergen. This child **cannot share food** or eat unmarked baked goods, bulk foods, or other products which have a warning about this allergen.

SIGNS AND SYMPTOMS

Mouth	Tingling sensation, itchiness/swelling of tongue and lips, metallic taste
Skin	Itchiness, redness, hives, swelling of skin – face or body
Throat	Itchiness, tightness in throat, hoarseness, hacking cough
Lungs	Difficulty breathing, shortness of breath, repetitive coughing, wheezing
Gut	Vomiting, nausea, stomach pain, diarrhea
Heart	Dizziness, unsteadiness, drowsiness, sense of impending doom

EMERGENCY PLAN – **A.C.T.**

Administer epinephrine immediately! It's the only immediate remedy and "buys" you 20 minutes to seek medical attention.

- ◆ Pull off grey safety cap.
- ◆ Grip with a tight fist and jab black tip into outer thigh. Keep pressed against thigh and hold for a count of 6. **Do not place thumb at end of Epipen.** (Can deactivate the Epipen.)
- ◆ Keep child calm.

Note: Used Epipens need to be discarded in a needle proof container to minimize any chance of injury.

Call 911 or your local emergency number.

- ◆ Advise dispatcher that a child is having an anaphylactic reaction.
- ◆ Treat with second dose of epinephrine if necessary, in 10-15 minutes, if an ambulance has not arrived and the symptoms have re-appeared.

Transport child to hospital immediately even if symptoms subside.

Epinephrine Auto-injectors are Stored: